

#### **Introducing J4K's New Executive**

On Sunday December 10th, a new executive committee was elected with Tony Gardiner as president, Trevor Read, vice-president, Joanne Gardiner as secretary and Ellen Dunk as treasurer.

Tony has been connected with J4K since 2021 when he was cook on the Dinosaur Trail after a pleading phone call from Trevor Read. Tony worked for Trevor many years ago in his catering company. Tony has successfully run his own business since 2006 and is passionate about seeing this charity succeed far into the future.

Trevor has been connected to J4K for many years and is their esteemed chef. As a qualified chef, Trev owned a very successful, award winning catering company providing meals for some very big functions including the opening of the Stockmans Hall of Fame and the launch

of Virgin Blue. With this man behind our meals on the trips, you know you're going to be fed well. Joanne, got involved when husband Tony did, learning as much as she could about the Charity. She have been involved in numerous community groups in their home town while holding various executive positions. Joanne has worked in the dental industry for 40yrs and is behind a new initiative J4K is implementing. (see page 3.)

Ellen is new to J4K and has taken on the role of Treasurer as in her other life, she is a qualified book keeper so we are making the most of her professional skills.



Ellen Trevor, Tony & Joanne

# Become a little child's Tooth-fairy today!

For the cost of a Coffee and Muffin

\$10 a week

Head to our website just4kids.org.au

And DONATE NOW





# **Just 4 Kids Host Bunnings Sausage Sizzles**

Just 4 Kids members from the greater Brisbane area have hosted three Bunnings sausage sizzles already this year, two at Brendale and the other at Noosaville. Both were financially successful however, it's in talking to the customers about Just 4 Kids that really makes them a success, in promoting our charity.

"We love to have fun while we're working at Bunnings, dancing, singing and chatting to Bunnings customers, whether they buy a sausage or not. To make life easier for our workers and customers, Just 4 Kids has purchased a Square and computer tablet which gives us an accurate records of our sales, both card and cash and also exactly how much of everything we sell," said J4K president Tony Gardiner.

Many customers at Noosaville commented on

Top: Judy D, Trevor R, Tony G, Trevor B,

Joanne G & Rod D at Bunnings Noosaville

earlier this year.

how professional we looked as, along with the Square, J4K has also purchased a cash drawer so our set up makes life easier for everyone ... as long as the square decides to cooperate! We are scheduled to host two more sausage sizzles, one at each store, in the coming months.



it

Dental Program. He is certainly

the scariest toothfairy you'll find

but the Bunnings customers love





## **Surf 2 Snow a HIT!**

What a fantastic time our Surf 2 Snow participants had on this trip in March.

There were several highlights starting with crashing the Triple M Brekky Show with a photo (right) with the hosts. An hour later, we stopped for a visit to Barkers Vale State School where the students talked to the J4Kers about their study of the biodiversity of wildlife found in their school grounds and how they are making these grounds even better for the animals. An article about our visit and donation to the school made the front page of the local community paper. (below)







The obligatory visit to the War Memorial with a guide to show us around

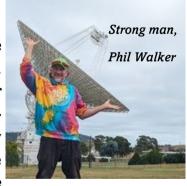
and point out some interesting names on the Memorial Wall shined a



new light on the men and women who have fought for our country.

A visit to the Deep Space Centre is an absolute MUST SEE for anyone travelling through the ACT.

It was fascinating listening to our guide, who was absolutely passionate about the Milky Way and way way beyond! Many of our people were left bamboozled when he



started talking in figures with 20 '0's behind it. Watching in real time all the satellites and space craft throughout outer space was mind-blowing.

It's hard to believe that it-

can take over 8 hours to travel just 250km but when you're travelling through the High Country of Victoria, it certainly can! And what beautiful amazing countryside it was. A huge thanks to Scott DeVries and a couple of mates for leading us up and down the mountainside.

A few other highlights was the drive around the Bathurst race track, a dip in the Pilliga Artesian Bore Baths, a visit to the Lindner Sock Factory in Crookwell

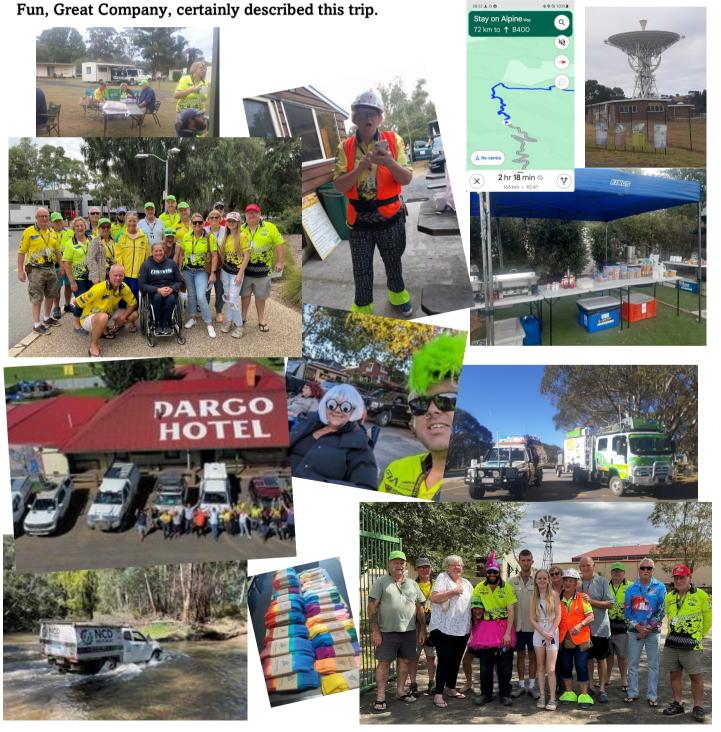




and a visit to the AIS where J4K met and were photographed with former para-Olympian Louise Sauvage.

And, finally, as usual, the food was outstanding and delicious. It's hard to believe the quality and variety of dinners that were produced by our executive chef Trevor and his cooks Tony and Joanne. And a big thanks to those who regularly helped set up and pack down at every night stop.

Thanks to Di Roberts and Rod Williams for their efforts in organizing this event. While the numbers weren't huge, everyone had a fantastic time and the catch cry of Great Food, Great







#### Gunning Scouts Benefit from Auction

Upper Lachlan Mayor, Pam Kensit and her deputy Mandy McDonald were amongst the guests that attended the Just 4 Kids Children's Charity Auction on March 19th held in aid of the 1st Gunning Scouts at South Raeburn Station, Breadalbane.

"1st Gunning Scouts is hoping to send four or five of their Scouts and Venturers to the 26th Australian Jamboree in Maryborough QLD in January 2025. At an approximate cost of just under \$3000.00 per youth member, we're after as much support and help as we can get." said scout leader, John (Wallaroo) Duncan.





The Auction raised \$1900 for the scouts with a Just 4 Kids supporter throwing in \$100 to make it an even \$2000.

"It was a fun night with some people getting great bargains

and others paying above retail price but in the end it's all about the kids, so they were the winners," said Joanne Gardiner, secretary for the charity.



# J4K Sponsors The Root Cause Program

With contributions from The Broncos Foundation, Ipswich City Council and Just 4 Kids, The Root Cause was able to run a program at Ipswich North State School during April and May. Judy Damrow and her husband Rod represented J4K during the Teacher induction afternoon, with Judy and Faye Weber attending the first day of the student's program.



"The program was to encourage children to eat more fruit and veges, not use terms 'good' or 'bad' foods rather 'factory made' or 'natural'" said Judy.

Just 4 Kids will be looking at sponsoring another program with The Root Cause in the near future.







## **Just 4 Kids at Dayboro Day**

Just 4 Kids had a presence at Dayboro Day 2024 promoting the charity while making a few dollars on the side. We had a visit from the local Moreton Bay City Council, Councillor Darren Grimwade who rocked up just in time to draw our lucky ticket (pictured middle with Greg Weber). Rod Damrow is pictured working hard while Judy got some glitter from the Glitter Fairy.

The \$2000 Winner Takes All raffle was drawn late that afternoon with Rita H from Eatons Hill the lucky winner.







#### **New Website for Just 4 Kids**

For the past few years, there has been talk of a new website and now, it has happened! <u>Just 4 Kids | Australian Children's Charity</u> (Just 4 Kids.org.au) launched mid-February and although not complete, it is clean, simple and user friendly and features two important features – the *donate now* button and an explanation about our new focus, the *Paediatric Dental Program*. (see article)

'We worked with a young web designer who had to convince me that what I had in my head didn't quite work so we left it to her and what she came up with has received many compliments," said Joanne Gardiner, J4K's secretary.

Trying to donate on the old website, was a bit of an effort. The Donate Now button makes becoming a financial supporter so easy, just click a few buttons and you're done.

"We'd like to encourage people to donate the cost of a coffee and muffin, \$10, a week to the



charity which will go towards our new dental program. Supporting the Charity also gains you a tax deduction at the same time," said Joanne. One off donations also very welcome.

Check out our new website and send us a message through our contact page, just to let us know you looked at it.





# **Just 4 Kids Supports Kids Dental**

There is nothing worse, as a parent, than not being able to help your child when they are sad, upset or in pain.

So, imagine having a three year old who is telling you they have a sore mouth but due to their age, will not sit still in a dental chair to have their tooth fixed.

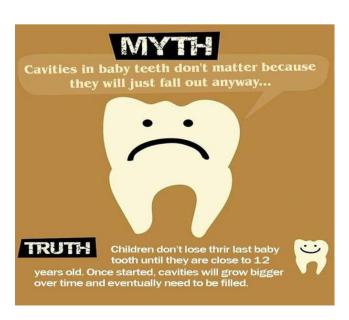
Dental surgeries can be daunting places for most adults, but to a child it can be an overwhelming experience especially if they have sensory issues. A person who is wearing funny glasses, a mask and gloves, that is all unusual to a child, add in a possible injection, a bright light and the sound of the drills and you have a very scary place. Treating a scared child can cause fear and distrust of dentists which in turn creates an adult who hates the dentist and a parent who passes their fear of dentists onto their children creating a generational cycle of people who only go to the dentist when in pain.

So, sometimes, the only option is to send this patient to a paediatric dental specialist, and this costs lots of money. Money that many parents can't afford, especially if the patient must go into hospital under a General Anaesthetic.

This is where the **Just 4 Kids Paediatric Dental Program** comes to the rescue!

We would contribute up to \$1500 to the cost of the most urgent treatment, paid directly to the specialist so we can guarantee where your money is going.

This program will be partially funded by the dental industry as well as the general public. We would also encourage the parents to pay it forward for the next patient, by becoming a regular donor.









# **WOW!** What a 6mths

When I started going through Facebook for photos for this newsletter, I couldn't believe everything that we've done - it certainly has been a busy 6 months.

And, we haven't even touched on the rushed trip to Townsville in January before the cyclone hit, to bring the Isuzu truck, stores trailer and other J4K equipment back to SE Queensland. Thanks to Nyal for housing the truck at his workshop in recent years. (right)

The survey was recently done for the 2025 trip to be known as QRST - Qld Regional Silo Tour. Commencing on Monday March 31 in Landsborough and concluding in Toowoomba on April 12, this trip is suitable

for all vehicle types - 2wd, 4wd, motorbikes, motorhomes - and is family friendly. It will appeal to keen photographers, bird watchers, art lovers and anyone who loves travelling while being really well fed ... And do we have some great meals already planned!

Full details of this trip will be released in the coming weeks. Email *gday@just4kids.org.au* for details.

Coming Up - Just 4 Kids will be hosting another couple of Bun-

nings Sausage Sizzles by mid-October and also a colour run, J4Ks Rainbow Run, on Sunday September 29th in Dayboro. For this event, we should be in possession of our personalized J4K branded marquee which is being sponsored by the Moreton Bay City Council.

Oh heavens, I've managed to fill 8 pages! Thanks for taking the time to read this and showing an interest in Just 4 Kids. We hope this inspires you to get more involved, to come along on a trip or become a financial supporter. Don't forget to follow us on facebook or send us a message through the website.

\*Cheers\*\*

Joanne Secretary

